

Transforming the Mental Health System

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Mental Health Transformation State Incentive Grant Program

- Seven grants awarded in 2005 ranging from \$2.3 to \$2.7 million per year for a period of 5 years. The awardees were Connecticut, Maryland, New Mexico, Ohio, Oklahoma, Texas, and Washington.
- September 2006 two more awards were made: Missouri and Hawaii. These awards were for about \$2.2 million per year for 5 years.

Essential components for Mental Health Transformation

- Transformational Leader
 - Articulates a clear vision
 - Ability to communicate across systems
 - Charismatic

Essential components for Mental Health Transformation

- Transformational Workgroup
 - Appointed by Governor
 - Executive Level Membership
 - Interdepartmental (i.e., mental health, substance abuse, child welfare, criminal/juvenile justice, housing, labor, education, benefits)

Essential components for Mental Health Transformation

- Needs Assessment/Resource Inventory
 - Comprehensive
 - Data driven
- Comprehensive Plan
 - Organized around the 6 NFI goals
 - Addresses the lifespan
 - Includes Promotion, Treatment & Supports

Essential components for Mental Health Transformation

- **Involvement of Consumers, Family, and Youth**
 - Consumers, Family Members and Youth play a critical role at all levels: assessment, planning, implementation, evaluation
 - WA requires 51% CFY on all work groups
 - CT uses co-chairs on each group
 - States provide per diems as well as training and mentoring for consumers and family members on committees

Recovery

- A recovery-focused system sees the individual as a person—and not just a disability category. Recovery focuses on the comprehensive needs of a person living in a community, such as finding a job and a home, and building relationships with others.

Fundamental Components of Recovery

- Self-Direction
- Person-Centered
- Empowerment
- Holistic
- Non-Linear
- Peer Support
- Respect
- Responsibility
- Hope
- Strengths-Based

Service Delivery

- Services should be Evidence Based
 - Assertive Community Treatment
 - Supported Employment
 - Treatment for Co-Occurring Disorders
 - Supported Housing
 - Consumer Operated Services

Training & Professional Development

- Create workforce development plan
 - Promote core competencies and training
 - Engage consumers and family members as instructors
 - Utilize telehealth and web-based learning strategies
 - Promote scholarships and internships
 - Offer college loan and loan repayment programs for public sector service
 - Promote paraprofessional training
 - Implement marketing strategies to interest high school students in public service